



HILL COUNTY

Behavioral Health Local Advisory Council

Meeting Minutes: September 14, 2020

Call to order: Andi Daniel-Chair

Roll call and introductions: Andi Daniel, Mike Wendland, Kristina Brakebush, Crystal Laufer, Ron Kling, Deidre Reiter, Sharon Dolph, Lenore Myers-Nault, Emery Nault, Amber Spring, Jasmine Carbajal

Minutes: Minutes from August 10, 2020 were reviewed and approved. Ron Kling motioned to approve the minutes and Crystal Laufer seconded the motion.

Treasurer Report: No report.

Old Business:

- **AMDD/CSAA:** No report.
- **NAMI:** NAMI is working on fundraising for their walk and have \$790.00 raised for NAMI Havre thus far. They are waiting for more money to come in. The NAMI office is open Mondays and Wednesdays from 9:00 a.m.-1:00 p.m. At end of the month they are hoping to go five days per week. Crystal reported in years past, they have raised around \$300 so this year has been successful. Crystal reported they have sent letters out to the community businesses hoping to raise more funds. The NAMI Walk is set for September 20, 2020. The community is invited to walk and social distancing rules will be followed. The NAMI Walk will be held at Pepin Park and starts at 2:30 p.m. NAMI is still waiting on the LAC check. At this time they have not done the Taco Johns fundraiser and are still waiting to hear from Taco Johns when the fundraiser can be held.
- **Suicide Awareness Coalition:** The Suicide Awareness Event on September 10, 2020 was a success. Ron Kling reported there was a good turnout with 60-65 attendees. Ron reported the speaker went well and they will plan to do the Walk again next year. The Coalition ordered masks and distributed them at the event. Amber Spring reported there are 60 masks left. Amber Spring offered to place them around town as donations. Amber reported HRDC stated they would take masks. Sharon Dolph suggested placing masks at the Veterans Lounge on Campus and at the VA Clinic. Josh Gomez is at the current VA Clinic and it was suggested by Sharon to bring him the masks.
- **Website:** Andi Daniel reported she will update the resources on the website. Andi continues updating the calendar on the website. If anyone has anything they would like added to the website, reach out to Andi.
- **QPR:** Amber Spring will be doing QPR on Thursday, September 17, 2020 at 6:30 and again on September 24, 2020 at 12:00 p.m. Participants only need to attend one training.
- **Virtual Book Club:** The Virtual Book Club met Saturday, September 12, 2020. One person out of six registered attended. The next meeting is scheduled for September 26, 2020. It was reported the book is good and tied in well with the Suicide Walk.

New Business

- **County Grant:** Andi Daniel reported they designated the funds for outreach and education in the area to increase knowledge on local resources. At this time, Andi is unsure of the amount in the contract and if we can accept it as we are not a registered 501C3. Andi suggested the LAC committee think about suggestions for outreach, education and knowledge on resources for the next meeting and to share ideas as we wait to hear from Kim Larson at Hill County Health Department. Amber Spring suggested we look into what the Gallatin County LAC has done with their



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resource guide as it is attractive and displays the local, state and national resources. Amber suggested we add signs and symptoms to the resource guide and put it in print form and on the LAC website. Amber made a suggestion to use the funds for promotion of the LAC for more consumer participation. Andi reported she has cards that have the website and email address with the crisis line on the back that were handed out at the Suicide Walk. Sharon Dolph suggested we find places to put these cards during Festival Days and placing them in the breweries, Alano Club, IGA, library, churches, and other locations that people still frequent. Andi Daniel reported she created a Gmail account for the LAC and for the Suicide Awareness Coalition. Andi continues to put something out daily on social media. Crystal stated she would like to put cards at the NAMI office. NAMI attends the vendor fair and is willing to put cards at their table.

- **LGBTQ Safe Zone:** Amber Spring reported she was gifted the task of continuing the LGBTQ Safe Zone program. She is looking for ideas to keep this group going. Sharon offered resources and suggested online groups. Amber reported she is looking for someone to facilitate the group and that it does not need to be a clinician.
- **AG Community:** Amber suggested we reach out to the people in the AG community such as loan officers and those in close contact with farmers and ranchers in the community to bring awareness and access to resources. Amber reported the LAC could collectively work on this and market in this direction as it is a direction we have not moved towards as a group. Amber stated QPR has a training that is geared towards ag community and is willing to present this. LAC members were asked to bring ideas to the next LAC meeting on ways to accomplish this.

Adjournment: Crystal Laufer motioned to adjourn the meeting. Ron Kling seconded the motion. The meeting was adjourned at 12:50 p.m.

Next Meeting: October 12, 2020, 12:00 p.m. - 1:00 p.m.

Location: Virtual Meeting