



Meeting Minutes: January 11, 2021

**Call to order:** Andi Daniel-Chair

**Roll call and introductions:** Andi Daniel, Crystal Laufer, Ron Kling, Deidre Reiter, Jacob Strissel, Sharon Dolph, Matt Erdel, Amber Spring, Patrick Johnston, Darlene Sellars, Curtis Smeby

**Minutes:** Minutes from December 14, 2020 were reviewed and approved. Curtis Smeby motioned to approve the minutes and Amber Spring seconded the motion. Minutes approved.

**Treasurer Report:** Darlene Sellars reported the current balance is \$3015.86.

**Old Business:**

- **AMDD/CSAA:** Andi Daniel stated she does not have anything to report. Andi reported Hill County was recently invited to join the Eastern SAA, which operates more efficiently than the Central SAA and is waiting to hear back from them. Curtis Smeby reported he does not have much to report. Curtis attended the last AMDD meeting, which Crystal Laufer also attended.
- **NAMI:** Crystal Laufer, NAMI President, reported NAMI is still functioning by appointment only. The In Your Own Voice class is set for January 23, 2021 at 6:00 p.m. and is being offered in person and virtual. The NAMI Conference is being held January 12, 2021 and on January 26, 2021. The weekly NAMI meeting will be held on January 16, 2021 at 3:00 at the NAMI Office. Crystal reported some NAMI classes are available online. Crystal reported the Family to Family class is a required in person class. The Family and Friends class is online along with the Support Group. Crystal reported the Havre NAMI office is hosting statewide classes online.
- **Suicide Awareness Coalition:** The Suicide Awareness Coalition has not met. Amber Spring reported she would like to focus QPR on the ag community. Amber suggested the need to run a campaign to increase awareness of the mental health issues relevant to the community prior to providing more direct education. Amber suggested the Coalition could send out letters to those in the ag community encouraging those who work in that industry to focus on what they can look for. Amber will send an email out to the Coalition members to meet and move on this.

Amber stated she received a sizable donation in the amount of \$700.00 from Guild Mortgage designated for the Suicide Awareness Coalition.

Amber reported MSU-N has been running Covid Education support groups on Monday nights, which has been going well. Darlene Sellars is looking into offering a support group for parents whose children have been impacted by the pandemic and has a student graduate that is interested in running a grief support group.

- **County Grant:** Andi Daniel stated she spoke to Kim Larson, Hill County Public Health Director and Health Officer, who reported the terms of the grant and indicated the LAC can add training when utilizing the grant funds as she can amend the terms to include training and service increases. Andi reported Kim will enter the budget revision and needs an invoice to attach to the purchase order that outlines what the LAC will be doing with the money. Andi reported \$20,000 was allocated to the LAC which must be spent by June 30, 2021.

Council members discussed uses for the funds, such as the creation of public service announcements, radio, newspaper, videos, billboards, and other ways of getting information and education about existing behavioral health services into the public and increase access to them. Council members also discussed distributing the Community Resource Guide with the Havre Daily News as an insert and using the funds to encourage the use of the CONNECT Referral System.



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Curtis Smeby discussed the possibility of using the funds to help him advertise and run events like Mental Health First Aid, SafeTalk and ASSIST, which teach suicide awareness, alertness, and intention.

Other suggestions discussed by the Council were to offer physical activity and wellness, such as yoga in the park, which can be demonstrated live while social distancing. The Council discussed providing an insert in the Chamber of Commerce newsletter, purchasing flags for light poles, career fairs, and training Havre High School staff in Youth QPR.

Amber Spring reported virtual training for QPR is difficult. Andi Daniel reported that Amber still needs reimbursed for the QPR in the amount of \$125.00. Amber will email the training attendance roster to Andi. Amber's goal is to do one QPR training per month. Amber stated that the cost of QPR Train the Trainer is \$495.00.

Curtis Smeby and Darlene Sellars will provide a list of trainings they offer, and the costs associated with those trainings.

Andi Daniel will research costs of billboards, PSA's, newspaper, radio opportunities and will put together a budget and send it to Kim Larson.

Amber Spring will begin making contacts to get a March Career Fair for health workers going. It was suggested to contact the Career Center Director at MSU-N and partnering with the Chamber of Commerce or Northern Montana Hospital. Suggestions of agencies to invite named were Quality Life Concepts, HRDC, Altacare, Bullhook Community Health Center, The Center for Mental Health, HR at BNSF, Youth Dynamics, Inc., HR Directors of local businesses. Additional suggestions were to bring in guest speakers and resume builders.

### New Business

- Jake Strissel is the new Hill County Commissioner who was previously a Behavioral Health Care Manager at Bullhook Community Health Center was present. Andi Daniel stated it was good to have someone on the commission with a behavioral health background.
- Ron Kling stated that Rocky Boy will be getting a psychologist in February 2021.

**Adjournment:** Amber Spring motioned to adjourn the meeting. Deidre Reiter seconded the motion. The meeting was adjourned at 1:05 p.m.

Next Meeting: February 8, 2021, 12:00 p.m. - 1:00 p.m.

Location: Virtual Meeting