



HILL COUNTY

Mental Health Local Advisory Council

Meeting Minutes:
November 18, 2019

Call to order: Deidre Reiter-Secretary

Roll call and introductions: Deidre Reiter, Rachel Jamieson, Jasmine Carbajal, Pamela Evans, Jason Evans, Ron Kling, Sharon Dolph, Darlene Sellers, Curtis Smeby

Minutes: Minutes from October 14, 2019 were reviewed and approved.

Treasurer's Report: Darlene Sellers reported the LAC currently has \$2,546.65 in the LAC account.

Old Business:

- **AMDD:** Currently there is not an AMDD representative reporting to the LAC.
- **CSAA:** Curtis reported the Service Area Authority will be having a summit on December 13, 2019 in Helena. They plan to work on the strategic plan for the three regions. Jamie Hanson is the contact person for our region. Curtis suggested the LAC invite Jamie Hanson to attend the Monday, February 10, 2020 LAC meeting in Havre. Curtis reported there are structural changes with the AMDD to determine how the state works with the Local Advisory Councils. Curtis reported the CSAA covers 15 counties with five or six active LACs. Curtis reported the Helena and Bozeman LAC are the most active and others are marginal or non-existent. Curtis reported work is being done on how to revive many of the counties Local Advisory Councils.
- **NAMI:** Pamela Evans reported they do not have the total amount received at the Taco Johns fundraiser on November 7, 2019. Family and Friends group will begin December 7, 2019. Family to Family, a 12-week class, will start in January 2020. The NAMI support group is held Tuesday evenings from 6:00 p.m.-7:00 p.m. All meetings are held at the 305 meeting in Suite 212. Pamela reported the Family Support Group is going well. The NAMI office reduced the hours of operation to Tuesdays and Thursdays from 9:00 a.m.-2:00 p.m.
- **Suicide Awareness Coalition:** Ron reported he suggested the Coalition bring in Carl Raulston from Health and Human Services to an event.

New Business:

- **LAC Name Change:** Andi Daniel reported the Montana Peer Network sent a letter concerning the name and focus change of Local Advisory Councils. Andi reported they are shifting from using Mental Health to Behavioral Health. Darlene Sellers made the motion to change the name from Hill County Mental Health Local Advisory Council to Hill County Behavioral Health Local Advisory Council. Deidre Reiter seconded the motion. All members present were in favor of the name change.
- **Strategic Plan and Goals: (continued discussion from October 14, 2019 meeting)**

Members present discussed what has been working well in behavioral health in Hill County, what could be better and any barriers.

Jasmine Carbajal reported the YAM (Youth Aware of Mental Health) program has been a successful partnership between the MSU Extension and the Havre School District. Jasmine reported they partnered with the Hill County Health Department to purchase 100 books at \$9.00 each. ECIT (Early Childhood Investment Team) has been successful in the community. From ECIT a Resource Guide was developed for Hill County. The Electronic Connect referral system will be up and going soon. The 2019 Film Festival and the Suicide Walk were well attended and considered a success. Mental Health First Aid and the August Institute have spread awareness to the work the LAC does in the community.

Members discussed how housing, transportation and the implementation of a crisis response team were beyond our scope and that as a group we could not act. Suggestions were to focus on awareness, prioritize, and extend efforts to the Rocky Boy Indian Reservation. Overall wellness/whole health, suicide prevention, substance use, self-care for providers, resources, trauma and resilience were discussed as ideas to focus LAC efforts on.

It was suggested to tap into existing organizations and present to them to inform them on the services the LAC does and hold the meeting at Rocky Boy throughout the year.

Andi Daniel proposed to hold future LAC meetings at the Hill County Library in a neutral setting. It is the hope that transitioning the meeting to a neutral location will increase participation.

Deidre Reiter suggested the names of individuals who are not active members of the LAC be cleared from the email distribution list as it appears there are different lists circulating and some of the names on the list have asked to be removed and no longer wish to receive email correspondence.

Andi Daniel reported she is experienced in website development and will begin working on the LAC website.

Jasmine Carbajal reported the council should update the bylaws to reflect the current participation. Andi Daniel reported the LAC needs to be 51% consumer and families.

Andi Daniel reported she will put the ideas together that were discussed at the meeting and distribute to LAC members.

Adjournment: Andi Daniel motioned to adjourn the meeting. The meeting was adjourned at 1:00 p.m.

Next Meeting: December 9, 2019 at 12:00 p.m. - 1:00 p.m.

Location: Hill County Library