



# HILL COUNTY

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## Mental Health Local Advisory Council

Meeting Minutes:  
January 13, 2020

**Call to order:** Andi Daniel-CHAIR

**Roll call and introductions:** Andi Daniel, Deidre Reiter, Crystal Laufer, Rachel Jamieson, Amber Spring, Michael Wendland, Jasmine Carbajal, Sharon Dolph, Ron Kling, Lenore Meyers-Nault, Emery Nault

**Minutes:** Minutes from December 9, 2019 were reviewed and approved. Amber Spring motioned to approve the minutes as written and Ron Kling seconded the motion.

**Treasurer's Report:** No report.

### Old Business:

- **AMDD:** No report.
- **CSAA:** No report.
- **NAMI:** Crystal Laufer reported the NAMI office is closed this week due to weather and Crystal can be reached on her cell phone at 406-879-6646 if a need arises. Family to Family started on January 4, 2020 and is being held on Saturdays. The NAMI Family Support Group will be held this Tuesday evening from 6:00 p.m.-7:00 p.m. and will transition to Sundays hereafter from 2:00 p.m.-3:00 p.m. with the first Sunday meeting held on January 19, 2020. NAMI is preparing to start fundraising in March 2020 and will host a High Tea.
- **Suicide Awareness Coalition:** A meeting will be scheduled in January 2020.
- **Goals:** The following goals were discussed.
  1. **Awareness**
    - Tied in with presentations to organizations
    - Create infographics
    - Have a monthly focus
      - May is mental health month- movies the week of May 17<sup>th</sup>?
      - September is Recovery/Suicide Awareness month-maybe the new play by Mark Cichosz
    - Website-updates including minutes, agendas, etc.
    - Publicize videos (documentaries, consumer info, etc.)
    - Utilize other resources such as the OPI HUB for ASD
  2. **Including outlying areas**
    - Remote meetings (web based)
    - Meeting at Rocky Boy (Darcy talked to Tina and will coordinate with Emory Nault when dates are picked)
  3. **Increase consumer membership**
    - Letter to providers to help find consumers
  4. **Presentations to organizations**
    - Create our own short videos to put on website, Facebook, YouTube, etc. (Jason Geer)
      - Spotlights of providers
      - Why is Mental Health First Aid important?
      - Why behavioral health is important
      - How does behavioral health affect the community?
      - What is the LAC and how to become involved?
      - Suicide Awareness
      - Youth specific topics
      - Peer Support
    - Public event to introduce the LAC
    - Movies during Mental Health Awareness Month (Paper Tigers, Resilience, Wrestling Ghosts, etc.)

Amber reported there are several documentaries and movies that bring awareness to behavioral health and will provide a list next month. Emory Nault suggested the Vice Channel on satellite which covers various mental health and addictions education. Sharon Dolph suggested the LAC look into the Yellow Bus Film Festival.

Andi reported the LAC is required to have 51% consumer or family member within the LAC. To reach out to local behavioral health providers, Amber will draft a letter and Andi will develop a poster to encourage providers to identify potential clients who are at a place in their recovery and looking for an advocacy role. Havre Daily News will provide follow up in the newspaper about what the LAC is, why people should join and the importance of the LAC.

The LAC will meet at the Rocky Boy Clinic on April 13, 2020 for the regular schedule LAC meeting.

Lenore reported the Behavioral Health Alliance of Montana is looking for new members and that the group is looking to get programs to come together at the state level. Lenore shared that Family First is new with DPHHS and is to address the rise in the number of children in foster care. The Peer Support Summit will be held in Helena on May 5<sup>th</sup>, 2020.

Jamie Hanson from the AMDD will be at the February 2020 LAC meeting.

Andi reported this meeting was available remotely for those who could not make it. No members attended remotely.

#### **New Business:**

- **Bylaws:**

The updated bylaws were presented and emailed out to LAC members. Andi reported it is the hope with the revisions to structure membership to meet the requirements of having 10 consumers active to match the 10 identified community members. Andi reported she heard back from Christen Obresley from Northern Montana Hospital who indicated she was unable to attend the meeting. Amber made the motion to change the language in two areas of the bylaws and Crystal seconded the motion. Under Section A: Voting Members and Terms the following will be revised to read *"The LAC members may include:*

- *Consumers and/or family members of consumers will ideally be 50% membership*

*Other members may include*

- *A County or City Commissioner or their designee*
- *A provider of adult behavioral health services*
- *A provider of youth behavioral health services*
- *A representative from the Criminal Justice system*
- *A representative from Northern Montana Health Care*
- *A representative from the public-school system*
- *A representative from HRDC*
- *A representative from Rocky Boy Health Center*
- *A representative from Bullhook Community Health Center*
- *A representative from the Hill County Health Department"*

- **Laptop/Projector**

Andi reported we still have not located the LAC member who is housing the LAC laptop and projector.

**Adjournment:** Andi Daniel motioned to adjourn the meeting. The meeting was adjourned at 1:00 p.m.

Next Meeting: February 10, 2020 at 12:00 p.m. - 1:00 p.m.

Location: Hill County Library