

Meeting Minutes: May 11, 2020

Call to order: Andi Daniel, Chair

Roll call and introductions: Andi Daniel, Crystal Laufer, Amber Spring, Sharon Dolph, Cindy Fitzpatrick, Jasmine Carbajal, Deidre Reiter, Patrick

<u>Minutes</u>: Minutes from April 9, 2020 were reviewed and approved. Crystal Laufer motioned to approve the minutes and Jasmine Carbajal seconded the motion.

Treasurer Report: \$2185.76

Old Business:

• AMDD/CSAA: No report.

- NAMI: Crystal Laufer reported the NAMI office is open to the public by appointment only. Crystal is the only person in the office right now. Support Group class is not taking place due to the governor's orders for social distancing. Trainings for this year in Helena, MT have been cancelled. These trainings may eventually be available online. The Taco Crunch fundraiser was cancelled and will be rescheduled. An open house will take place on May 30,2020. All other monthly NAMI events have been cancelled for the month.
- Suicide Awareness Coalition: Amber Spring reported the Coalition has not met. A funding opportunity for preventing adverse childhood experiences came across to Amber. Amber stated this opportunity would need to be done in a primary care setting. Currently, it is not an ideal time to do outreach. The Coalition is moving to hold the walk on September 10, 2020. The walk this year will fall on Suicide Prevention Day.
- Letters to Providers/Marketing Materials-Amber Spring is working on the letter now. Amber will share the history of the LAC, describe the membership and goals of the LAC. The letter will include a request for providers to assess their clients and encourage them to participate in the LAC. Amber would like a poster to be sent to providers with the letter that can hang in provider's offices encouraging participation. Amber will work on this letter and will send it out to the LAC members.
- May Activities (Mental Health Awareness Month)-Jasmine has not heard back from the library to see if there are rights to stream movies. The library is currently not open, and the LAC is limited to where we can show videos. Curtis Smeby sent an email about Resilience and Paper Tigers last month to which the copyright holders asked that it stay in the university community. Andi has not heard anything since then. Sharon Dolph mentioned this could be shown at the university. Andi stated under the licensing guidelines the LAC can show the films in person and would like to explore the ability to stream online them online further. Netflix parties must be done on a laptop with access to google chrome so this may not be an option. Everyone would have to have a Netflix account. Andi stated the Peer Network has done a few live streams online and reported these are not well attended. Andi stated she will start putting more stuff out on social media since we are unable to do things out in the community for Mental Health Awareness Month in groups during the month of May.
- Website-Andi Daniel reported she was not sure how much access Montana Graphix will allow other members, but for now Andi will be the main contact. Andi is familiar with website development and will continue to improve and update the site. Andi would like to update crisis information on the website and the links that are not current. Andi stated she could change QR code to link individuals to our website rather than the Facebook page. Sharron suggested Andi link both the Facebook page and website to a QR Code, which Andi will do. Andi will continue to



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update the website as she has time and has already posted previous meeting minutes from years prior. Crystal Laufer suggested including LAC members to the website. Andi stated she can add LAC members to the website and will send an email out to LAC members to see if they want to be listed on the website.

New Business

- QPR-Amber has special permission to conduct a QPR Workshop. Amber would like to do this at the end of May 2020. Amber will put promotional items together for advertisement. Amber stated members will need send an electronic file for the workbook. LAC as part of Mental Health Awareness Month.
- County/Tribal Grant -The county health department has to apply.
- Jasmine reported masks are available at the Extension office if anyone is needing a mask.

<u>Adjournment:</u> Amber Spring motioned to adjourn the meeting. Sharon Dolph seconded the motion. The meeting was adjourned at 12:39 p.m.

Next Meeting: June 8, 2020, 12:00 p.m. - 1:00 p.m.

Location: Online