



HILL COUNTY

Mental Health Local Advisory Council

Meeting Minutes:
December 9, 2019

Call to order: Andi Daniel-CHAIR

Roll call and introductions: Andi Daniel, Deidre Reiter, Cindy Fitzpatrick, Crystal Laufer, Darcy Azure, Rachel Jamieson, Amber Spring, Michael Wendland, Jasmine Carbajal, Sharon Dolph, Darlene Sellers, Curtis Smeby

Minutes: Minutes from November 18, 2019 were reviewed and approved. Jasmine Carbajal motioned to approve the minutes with changes and Deidre Reiter seconded the motion.

Treasurer's Report: Darlene Sellers reported the LAC currently has \$2,250.32 in the account.

Old Business:

- **AMDD:** Currently there is not an AMDD representative reporting to the LAC.
- **CSAA:** Curtis Smeby reported the Service Area Authority will meet for the summit on December 13, 2019 in Helena. Any members interested in traveling with Curtis are welcome to go. Jami Hansen, the AMDD Program Manager, will attend the February 10, 2020 LAC meeting. Jami is the contact person for our region and serves as a community liaison for local advisory councils. Jamie will provide the council with more history of the LAC's and the process on where the state is going with behavioral health and the Service Area Authority.
- **NAMI:** Crystal Laufer reported they do not have the total amount received at the Taco Johns fundraiser on November 7, 2019. Family to Family, a 12-week class, will start on January 4, 2020 from 1:00 p.m.-3:00 p.m. This class will take place the following Saturdays at the same time for twelve weeks. The NAMI support group is held Tuesday evenings from 6:00 p.m.-7:00 p.m. All meetings are held at the 305 meeting in Suite 212. The NAMI office is open Tuesdays and Thursdays from 9:00 a.m.-2:00 p.m. The week of 12/9/2019 the NAMI office is closed. In March 2020, NAMI will host a High Tea fundraiser and invite local judges, lawyers, therapist and doctors. Ticket cost will be \$15.00.
- **Suicide Awareness Coalition:** A meeting will be scheduled in January 2020.

New Business:

- **Bylaws:**
Amber Spring made a motion to form a committee to re-write the bylaws. Jasmine Carbajal seconded the motion. All members present voted in favor. Members interested in being on the committee are Andi Daniel, Jasmine Carbajal, Amber Spring, Deidre Reiter, and Curtis Smeby. Andi will follow up with the committee members interested in rewriting the bylaws.
- **Election of Committee Officers:**
Election will be held in January 2020 at the scheduled LAC meeting. Nominations can be made by committee members or brought to the January meeting. The committee needs to vote in a new Vice Chair as Sandy Derry no longer wishes to occupy that position.
- **Goals Worksheet:**
Andi Daniel presented the committee with a goal worksheet with the following items:
 - **Awareness:** Curtis Smeby suggested the LAC use infographics to focus on LAC happenings to focus on the targeted goals. May is Mental Health Awareness Month and the LAC would like to sponsor an awareness week the week of May 17, 2020. Ideas are to host an open house and bring back the movie night and show a different movie every day. The website will be updated by Andi Daniel in the near future.
 - **Increase Consumer Membership:** Send out letters to local behavioral health providers and encourage participation in the LAC.
 - **Include Outlying Areas:** It was suggested to have the option for members to join LAC meetings remotely, host meetings at Rocky Boy, and have a meeting schedule with the meetings held at Rocky Boy quarterly.

Presentations to Organizations: Darlene Sellars recommended to reach out to Jason Geer at MSU-N to assist the LAC in making video spotlights on the LAC for the Facebook page and website. Darlene will reach out to Jason.

Upcoming Events:

- Mental Health First Aid-need to schedule 2020 classes and reach out to local agencies to promote the course. Darlene Sellars suggested reaching out to the schools and implement Youth Mental Health First Aid at the August Institute at Havre Public Schools and offer continuing education credits. Darlene also suggested reaching out the agencies that work with youth in the community and in Rocky Boy.

Adjournment: Andi Daniel motioned to adjourn the meeting. The meeting was adjourned at 1:00 p.m.

Next Meeting: January 13, 2020 at 12:00 p.m. - 1:00 p.m.

Location: Hill County Library