

# Hill County Local Advisory Committee Monthly Meeting Minutes

## May 11, 2015

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Present: Amanda Christofferson; Ben Jennings; Curt Weiler; Cindy Smith; Crystal Laufer; Curtis Smeby; Jane Wilson; Jay Getten; Jennifer Jenkins; Annie Kling; Amber Spring; Lynne Nash

**Meeting Minutes:** Motion to accept April meeting minutes was moved and seconded with change of heading to be meeting minutes instead of Agenda. Motion passed.

**Treasurer Report:** Debby Knudson submitted balance in checking as \$7,706.22. Expenditures were \$444.84 for training for Ron Kling and Amanda Christofferson to attend Peer Training; \$101.00 for Mt State University Northern for snacks for Dr. Gone presentation; \$334.16 to Ron Kling for travel to Peer Recovery training; \$54.00 to Amanda Christofferson for Peer Recovery Training; \$700.00 to Joseph Gone for community presentations; \$26.00 to Focus Recovery Group; and \$40.00 to MT Dept. of Labor and Industry for CEU applications for Dr. Gone presentation.

**Mental Health 1<sup>st</sup> Aide:** Lindsey has been in contact with Big Sandy School District and they are interested in youth training. Amanda will continue to work with Havre High School to find times for a training there for youth groups. Curtis Smeby suggested PRI days in August. He will talk to Andy Carlson and maybe coordinating with youth training and adult training. Curtis Smeby is working with White Sky Hope staff and MSU-Northern faculty and staff and students to do some training. He also suggested having a regular schedule for the trainings. He will work with Lindsey to schedule. Amber suggested a brochure about what MH 1<sup>st</sup> Aide is, and who would it benefit. Amanda and Amber will work on the pamphlet. Jane suggested using the web site for materials that could be used in the pamphlet. Another suggestion was to work with the churches to get more people interested in the training. Annie Kling suggested that we focus on internal aspects and family coping skills that could be gained from the training. It could help with multiple approaches depending on who is target group. Lindsey stated it would be beneficial to make sure people know it is a time commitment of 8 hours. Cindy suggested Amber and Amanda do a radio outlook program and do it in conjunction with mental health awareness month and talk about Mental Health 1<sup>st</sup> Aide and the In Our Own Voice presentation on May 20<sup>th</sup>.

**AMDD Report:** Jane reported that things are settling after the legislative session. The County Matching Grants will be expanded. The department will be issuing an RFP for the funds. More funding was put into secure crisis beds and the state will be looking for locations. Short Term inpatient stays will receive some dollars. The state is looking at facilities that might do things like the 72 hour stabilization. Drop in Centers in Missoula, Bozeman, Billings and another area will receive more funding. Service Contracts will be out soon. Peer Programs will be analyzed for most efficient, productive and the study of the outcomes. SDMI Waivers will have 50 new slots this year and 50 new slots next year. This is to help people with Severe Physical Illness for things like personal assistants; transportation and socialization. Havre is in Jane's region and there are people here on the waiver and eligible for the waiver. MHSP waiver has new slots. They will phase out MHSP and transition to a better program. The legislative session supported Mental Health and it was much appreciated.

**CSAA Report:** Cindy handed out the strategic plan of the CSAA and the last two reports from the CSAA to the State. She suggested everyone go to the web site and look at reports and latest in news and meeting

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minutes. Congress was well attended and plans made for upcoming year with what the group thought was most important to target. Amber will resend the application for the funds that will be coming from the CSAA group. Jane will research Matrix for Adults and Children to see if there are updated versions. The ones on the web site are from 2012 and 2013.

### **Other Updates:**

Amber reminded everyone of the collaborative grant opportunities from Montana HealthCare Foundation for \$10,000 to \$100,000 and encouraged each of the work groups to look at the application to see if it might fit for any non-profit agency in their group. Letters of intent are due June 30<sup>th</sup>.

Amber and Amanda will work on deliverables for each work group.

The LAC work plan was reviewed.

The next full consortium meeting will be held on Tuesday, June 16<sup>th</sup> at noon. Place to be announced.

Out of the Darkness Walk will be held in September during National Suicide Awareness week. Amanda to invite the Key Club to next meeting to work on details for the walk.

The Havre Trails Committee will be coming on as a subcommittee to re-build the Open Gym Committee within the Consortium.

May 20<sup>th</sup> there will be a presentation for In Our Own Voice; 5:30 at Bullhook Community Health Center. People from Lewistown will be the presenters.

Weekly articles were discussed. Amber said that Tim Leeds said we could submit an article every Monday.

Amanda and Ron talked about the Peer Training they attended. It was primarily on Substance Abuse at the start but many talked about Co-Occurring as the training progressed. They have many resources and materials they came back with and would like to attend one more to get their certification and then they could train peer recovery coaches. Cindy discussed having the coaches hired by an organization and sustaining them with a wage and malpractice, etc. and that the model the group tried a few years ago did not work without a peer being under and agency for the liability issues and reimbursement to the peers as it was all volunteer based.

Curtis Smeby said that he was looking at a possible module for drug court, a Montana model that makes sense for us. Jane discussed some of the barriers as being reimbursement levels not at the level to sustain a personnel being hired to do peer coaching. Jane discussed "Money Follows the Person Demonstration Project. And Home and Community Based Psych Rehab and the proposal for \$10 per 15 minute increments.

The next meeting will be held on June 8<sup>th</sup> at 12 noon at Bullhook Health Center.