



## Hill County Mental Health Local Advisory Council Meeting Minutes

January 12, 2015

Present: Amber Spring, Crystal Laufer, Amanda Christoffersen, Barb Coms, Lindsey Reichelt, Ron Kling, Jane Wilson, Curtis Weiler, Debby Knudson, Spencer LaGree, Bruce McLain, Jen Polensky, Carmen Salveson, Brandi Baker, Aneta Jones, Lynne Nash, Paul Nugent, Cindy Smith, Paul Nugent

The meeting was called to order by Chair, Amber Spring

**Meeting minutes** for December – Crystal motioned to approve Debby seconded. Motion passed.

**Treasurer Report** - \$9,404.71

### Old Business-

Mental Health First Aide - Cabin fever Mental Health First Aide was cancelled due to small number of people who signed up for the class.

Website – hillcountylac.com. Would like feedback from the rest of the council. Officers can add items by emailing Heather at MT Grafix. Amanda will check to see if we can edit and would be the central person in charge of doing the edits.

AMDD Report – Jane Wilson reported on Mental Health Day to be the 15<sup>th</sup> of January at the Capital. The current Bureau Chief is moving to the Board of Crime.

CSAA Report – Cindy reported on the presentation by Andrea Lower on Gallatin County Court Services. They have a good model in place and she also gave out a pamphlet to everyone on the services they do. The CSAA encourages all members of Local Advisory Councils to actively contact legislators with priority issues and what they feel needs are in the community.

Survey Monkey Member Engagement Survey – Amanda reports that 19 out of 55 responded to the survey. 42% would like more reminders; 37% would like more information related to Mental Health and invite speakers and have more training at meetings; HRDC would like to be more active; consensus was that the current date and time work for the majority.

Suggestions to contact Bridget at the MSU Nursing department to see if she would be on the council. Brandi will contact her.

### RSP Work Group

**Peer Support Training** – Plans for an open house and Peer Support Event are underway. Purpose is to get professionals and peers together to talk about what might work in our community. Robin will come from Great Falls. Debby Knudson motioned that we would pay for a meat and promotional materials for the event. Lindsey seconded. Motion passed. A committee was formed to work on

planning the event: Debby Knudson; Ron Kling; Lindsey Reichelt, Barb Coms, and Amanda Christofferson, They will contact Robin to see if her schedule is open for WRAP Training and LAC would pay for the training.

**Peer Support Training** is scheduled on February 17 at 1-4:30 pm at Bullhook Health Center Jon Tester room, Robin will be the trainer.

**HB130 Drug Court** – Paul Nugent talked about what they do at drug court. Judicial enforced treatment and have a team of professionals who work with each individual. They have had 6 graduates to date.

### February Meeting

**School Engagement Activities** – There is a high school senior, Hannah who would like to increase suicide prevention awareness before she graduates. She has spoken to Karl Roston and is trying to get him to come to speak at the school Ben mentioned the “Let’s Talk” program that is student run. Miles City has an active program. Suggestions were to have Hannah come to the next meeting to request funds for events she wants to plan. Jane will send her CD on “Youth Move”. Many other activities such as the QPR with students may be in the planning stages. A group of students and teachers made a “Shake it Off” video.

**Location** - Plan is to have the February LAC meeting at the Havre High School to reach out to school personnel. Meeting will be from 11:45 to 12:30 in the Library.

**Outreach Directory** – Discussed groups and resource sheet. Need to add Youth Dynamics.

**Quarterly Consortium Meeting** – Teen Pregnancy Group is doing focus groups for parents with Darlene Sellars and Wanda Meredith. They are holding these meetings at Bullhook Health Center.

Substance Abuse Committee is trying to plan a “Every 15 Minutes” event in coordination with Havre High School and Rocky Boy.

The next Hill County Consortium meeting is March 17<sup>th</sup> at the Northern Montana Hospital. Suggestions were to call Danielle to see if we could get a bigger room as the 4<sup>th</sup> floor one is too small when everyone comes to the meeting. Amber will contact Danielle.

### **NEW Business**

**Discussion of Consortium Action Plan** – Amber suggested we form break out groups to work on action plan. Need 3 groups:

1. Evidenced Based Tools – Referrals and how are they happening and what tools are agencies using. Also will work on updating resource list.
2. School System Collaborations
  - a. MH 1<sup>st</sup> Aide
  - b. Every 15 Minutes

3. Communication to Equip Community Members

- a. Peer Support
- b. MH 1<sup>st</sup> Aide
- c. Pamphlets with activities of LAC

Would like everyone to be thinking of what group they want to be in and in March meeting could break out into these work groups or set dates.

Monthly Awareness Campaigns

1. Calendar – Amanda could keep this current on web site and on facebook or twitter, etc.

Open House /Peer Support Event

Committee formed as above.

Montana's Peer Support Wellness Presentation – February 17 at 1pm-4:30

Announcements – Ben Jennings joined the Bullhook Health Center as a LAC intern.

Next meeting February 9<sup>th</sup> at 11:45 at Havre High School Library

Cindy Smith, Secretary