



Hill County Mental Health Local Advisory Council Meeting Minutes

February 9, 2015

Present: Amanda Christofferson, Ben Jennings, Cindy Smith, Crystal Laufer, Debby Knudson, Jason Barkus, Karla Coy, Lori StPierre, Ron Kling, Sherry Kegel, Colyn St.Pierre, Jennifer Polensky, Colleen Fox

The meeting was called to order by Chair, Amber Spring at the Havre High School Library

Meeting minutes for January were approved.

Treasurer Report - \$9,000 in regular funds and \$76.21 remaining in grant funds

Old Business-

Mental Health First Aide – Lindsey is attending the Teen MH First Aid class.

Website – hillcountylac.com. Bios needed for Crystal.

AMDD Report – Jane Wilson was not present.

CSAA Report – Cindy reported on the met net meeting. Blaine County is starting up their LAC.

Work Groups –

- a. Peer Support is on hold until the committee has time to meet and plan the trainings, open house, and grant applications.
- b. Opportunities HB130 Drug Court – working group to be formed at the next meeting
- c. Community Trainings – Lindsey will be setting up trainings for MH 1st Aide for Teens in the near future.
- d. School Engagement – Will continue to hold some meetings at the HHS Library. Discussed strategic plan and appropriate interventions to find what community needs are and how to improve dialogue and communication channels as well as provide training as determined by the task force. Would like to sustain suicide prevention activities. Key Club meets all summer long and if we want to do activities in September it would be helpful for a Key Club representative to be at each monthly meeting. Karla reported that social media is a big factor for some students. Some kids post on facebook that they are thinking of suicide and she feels there needs to be increased training to kids about how to respond. Barb Coms was suggested as a QPR trainer. Ben suggested the Let's Talk Program that Miles City does. It is student ran and they do skits, plays, etc. There are videos on the web site. The school also talked about PASS (Partners Advocating for Student Success) Amber will send a card to thank the school administration on behalf of the LAC.

- e. Amber gave a brief history of LACs. The response to CSAA was drafted and Amber will submit.

New Business

Presentation by Hannah Pepprock on Suicide Awareness Activities to take place during the week of 16th to 20th. On Tuesday Jackie Fitzgerald from Voices of Hope will give overview of Suicide Awareness. Tuesday they will do depression screening, Wednesday Self Harm Awareness; Thursday Poster day and Fire Arm Safety; and Friday is general recap of week and resources. Speak up and reach out is theme. They encourage all businesses to wear purple and turquoise on Friday in support of the efforts. Incentives, drawings and other activities are planned.

Out of the Darkness walk. Suggestion was that we should start planning in May.

Next meeting March 9th at 12:00 noon in the Jon Tester Conference Room at Bullhook Community Health Center

Cindy Smith, Secretary