

**Meeting Minutes December 8, 2014**

**Present: Ron Kling; Jessie Bergren Debby Knudson; Crystal Laufer; Amanda Christofferson; Ben Jennings; Amber Spring; Jane Wilson; Lynne Nash; Jen Polensky; Cindy Ellingson; Natalie Flores**

Meeting was called to order by Amber Spring, Chair. Roll call and introductions took place.

**Minutes:** Meeting minutes from November were reviewed and approved.

**Treasurer Report:**

Montana Graphix and Curtis Smeebly were paid and 434.15 are remaining in Mental Health Trust grant funding. It is preferred that the remainder of the funds be spent so that the final report can be submitted and the grant can be closed. The group decided that the remaining funds will be used to purchase Mental Health First Aid Workbooks, which will be used for Hill County community trainings. Amber or Debby will initiate the purchase.

\$9,298.26 are remaining in LAC Funds

**AMDD:**

Jane reviewed Medicaid, MHSP and Medicaid Waiver statistics and the department's proposed budget for FY16/17. AMDD requested \$5,247,538, which will primarily be used for services within the communities such as: peer support, jail diversion, and drop in centers. They have also proposed opening a unit at the mental health nursing center for Alzheimer's patients, as well as attaining new beds at Warm Springs specifically for forensic patients

The LAC discussed applications of HB-130 for Hill County. Explored using funds to assist drug court clients pay for the psychiatric medications as well as developing case management services for inmates in the county jail and peer support services for drug court. Amanda will send out an email to find out if anyone is interested in creating a "working group" to develop a proposal for the funds that may be available in HB-130 or the Mental Health Trust funds as well as any other RFPs that will be released in July 2015

**CSAA:**

Amanda shared the highlights from the Montana Suicide Review Team Report that was presented at CSAA. Amanda will email the full report to the LAC. It was noted that Montana NAMI shares a lot of the mental health information concerning MT residents on Facebook, which LAC members may want to connect to.

**OLD BUSINESS**

**Mental Health First Aid Training:**

Curtis Smeebly and Natalie Flores recently provided a training for the TANF Office at Rocky Boy. Curtis is working with MSU Extension to offer a community training with the "Cabin Fever" courses on January 9<sup>th</sup>. As discussed in the treasurer's report, the LAC will look into providing the workbooks for participants to help lower the cost of the class. Amber will make contact with Extension Services to look into this possibility.

Avenues for future training groups: High School Faculty and Staff, MSU-N Resident Advisors, CASA & Foster Parents, (Amanda will contact Mark Douglass for CASA), MSU-N Campus staff

LAC Member Engagement:

Amanda created a mini survey on Survey Monkey and it has been emailed to LAC members. Amanda will make phone/individual contact next week if no further responses are received. This survey will help the LAC see what is needed to engage other committee members, the community for events/ideas/trainings. After the survey is completed the results will be analyzed and Amanda will have a better idea of where to start with outreach.

Amber created an outpatient reference directory that will be posted on the website when completed. Amanda will do some more research to add hi-line professionals.

The committee discussed possibly facilitating an open house to engage professionals, community members, and consumers in the LAC as well as drum up interest in peer group/support.

Discussion on Consortium Action Plan:

Actions	Work Plan
<p><b>1. Engage community partners in developing a multi-disciplinary, multi-organization approach to implement mental health interventions.</b></p>	<p>Continue to work on inviting/engaging additional members:</p> <ul style="list-style-type: none"> <li>- Survey may assist in finding reasons others aren't participating</li> <li>- Amber will construct a letter to providers requesting referrals to LAC for primary or secondary consumers</li> </ul> <p>Website is continuing to be developed Resources are included on website and will be updated Amber will initiate contact with the HS to find out about additional participation from school system</p>
<p><b>2. Seek funding for a Community Mental Health Coordinator to assist community partners in developing the comprehensive mental health system and to develop/manage stakeholder relationships.</b></p>	<p>Behavior Health Coordinator has been hired and is assisting with the LAC.</p>
<p><b>3. Utilize evidence based screening tools in primary care settings.</b></p>	<p>Amanda will contact Bullhook Community Health Center and Northern MT Healthcare to find out about the PHQ-9 and the SBIRT in terms of how data is being collected and what is being done with it (referrals)</p>
<p><b>4. Investigate the opportunity to work with the school system to develop appropriate school-based intervention strategies</b></p>	<p>Amber will initiate contact with the HS to find out about additional participation from school system – discussed asking to have February's LAC meeting at the High School over lunch</p> <p>Will discuss implementation of MHFA in the schools with Dr. Smeeby.</p>
<p><b>5. Utilize/Create communication tools</b></p>	<p>Mental Health First Aid</p>

<b>to equip community members to recognize signs of depression and potential for suicide. Include other mental health concerns as identified.</b>	Discussed advertising to start a peer support group – perhaps an open house/dinner Q & A format for next year
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Amber will complete the Full Summary for next week's Consortium meeting and email to LAC members

Meeting adjourned.

***Next meeting: January 12<sup>th</sup> at noon at the Bullhook Community Health Center.***

***Next full consortium: December 16<sup>th</sup> at noon at the NMH meeting room 4.***

Respectfully submitted: Amanda Christofferson, Behavior Health Coordinator with Bullhook Community Health Center.